



Extra-Curricular Activities 2022-23 - Term 3



Dear Parents,

We are delighted to introduce the Extra-Curricular Activities program for term 3.

Please read through the following information carefully. By registering your child onto an ECA, you are agreeing to the following terms.

Sign-ups and Attendance:

- Sign-ups will open **Monday 10th April (9am)** and close **Monday 17th April (9am)**
- **This will be the only sign up for term 3 ECA's. If you are not registered by the date and time stated, there will be no further opportunities to do so**
- To register your child onto the ECA program, please read and follow the instructions in the attached ESM document
- If you require any technical support when registering or signing up, a member of staff from ESM will be online **Monday 10th April (9am)**. Details of the online video call will be sent out at a later date.
- There will be **no opportunity to swap clubs**, so please speak with your child and carefully consider the activities they are registered for.
- Attendance at ECA's is compulsory, continual absence from ECA's will result in your child being removed from the program
- Term 3 ECA's will begin **Monday 24th April**.

Afternoon Collection Times:

- Afternoon ECA times: **3pm-3.50pm**
- Please arrive promptly to collect your child at 3.50pm
- The collection point for each club is mentioned in this booklet
- If collected late on **more than two occasions**, your child will be removed from the ECA

Sports ECAs:

- If your child is in a sports ECA, they must wear their RDS PE kit for the day

Thank you for your continued support and we can't wait to see you all at this year's ECA program!





Monday						
ECA	HPL Skill	Year Group	Teacher	Location	Additional Information	Collection Point
Morning (7am-7.30am)						
All Welcome Rounders	Analysing	3,4,5,6	Mrs. Robinson & Mrs. Fox	Astro	Come and learn how to play a traditional British striking and fielding game.	
Second Break (12.10pm-12.50pm)						
Dodgeball	Perseverance	3,4	Mr. Mensah	MPH	A fun and engaging game that helps develop throwing, catching and aiming skills. Players will have to think and act fast to avoid getting caught out!	
Afternoon (3pm-3.50pm)						
Magical Mindfulness	Self-regulation	1,2	Miss. Peach	1E Bumblebee Classroom	A great way to unwind after a busy day at school. Take part in Cosmic Yoga, colouring and other mindful activities.	Tiger Turf
Crazy Construction	Collaboration, risk taking and perseverance	1,2	Miss. Brown	1C Grasshopper Classroom	Constructive play helps children to make sense of the world, they develop problem solving and social skills and improve their fine motor development.	Tiger Turf
Story Time	Creativity	1,2	Miss. Long	1D Ladybird Classroom	A great way to enjoy stories and look at the main characters in more detail. We will think of ways to describe them using a range of adjectives. Finally, we will recreate them using our artistic skills.	Tiger Turf
Creative Writing	Creating	3,4	Miss. Blake	3D Gazelle Classroom	Let's use our imagination to create exciting stories.	Tiger Turf
Book Club	Confidence	3,4	Mrs. Hanley	3B Sand Cat Classroom	Read a delightful book, share our ideas and explore differences of opinion.	Tiger Turf
Rounders	Analysing	3,4	Mrs. Robinson & Mrs. Fox	Astro	Invited players will learn the rules and roles of this traditional British striking and fielding	Astro





					game. Players will get to compete against other schools in and around Dubai. Invite Only	
Basketball Squad	Determination	3,4	Mr. Galas & Mr. Richardson	MPH	To establish and develop a team of basketball players who are competing in leagues. Invite Only	MPH
Games Club	Practice	4,5,6	Mrs. Hannan	4B Lizard Classroom	A chance to have fun playing a variety of your favorite classroom games	Tiger Turf
Super Sketching	Creating	3,4,5,6	Miss. Wells	5D Arctic Wolf Classroom	Practice your sketching skills by developing your precision and creativity through using a range of materials.	Tiger Turf
Choir	Creating	3,4,5,6	Miss. McGeough	Music Room	This is an opportunity to work more intensely on the full choir songs and possibly have an opportunity to sing parts of the songs as a solo or small group.	Tiger Turf
VIPERS Club	Open-minded	4,5,6	Mr. Blanche	4C Chameleon Classroom	Through Vipers club students will watch a short video and use the six VIPERS skills to complete a fun and engaging task.	Tiger Turf
Magical Maths	Intellectual Confidence	4,5,6	Mr. Murphy	4D Classroom/ Library	This club will increase your confidence in timetables, which are a vital part of our maths curriculum.	Tiger Turf
Swim Squad	Determination	5,6	Mr. Galas & Ms. Ahn	Swimming Pool	To hone and develop their swimming skills in a swim squad and competitive setting. Invite Only	Parent Cafe





Tuesday						
ECA	HPL Skill	Year Group	Teacher	Location	Additional Information	Collection Point
Morning (7am-7.30am)						
All Welcome Cricket	Determination	3,4,5,6	Mr. Richardson	Astro	A great opportunity to develop your striking and fielding skills.	
First Break (9.50am-10.30am)						
Mozart's Masters	Confidence	3,4,5,6	Miss. McGeough	Music Room	This is a club for those children who have music lessons outside of school to come and use the music room to practice on their instrument. I can provide pianos/keyboards but if your child plays any other instrument, please ask them to take it to school on a Tuesday and leave it in the music room. Invite Only	
Second Break (12.10pm-12.50pm)						
Netball	Linking – connection finding	2,3	Mrs. Robinson	MPH	Come along to learn and develop your skills in netball.	
Afternoon (3pm-3.50pm)						
Cricket Squad	Determination	3,4	Mr. Richardson	Astro	A great opportunity to develop your striking and fielding skills. Invite Only	Astro
Swim Squad	Determination	5,6	Mr. Galas & Ms. Eban	Swimming Pool	To hone and develop their swimming skills in a swim squad and competitive setting. Invite Only	Parent Cafe





Wednesday						
ECA	HPL Skill	Year Group	Teacher	Location	Additional Information	Collection Point
Morning (7am-7.30am)						
All Welcome Basketball	Perseverance	3,4	Mr. Galas	MPH	To experience the variety of skills and rules in basketball and have a better understanding of the game.	
Second Break (12.10pm-12.50pm)						
RDS Rising Stars	Confidence	1,2	Mrs. Fox	MPH	Invite Only	
All Welcome Choir	Confidence	3,4,5,6	Miss. McGeough	Music Room	This is a club for anyone who enjoys singing. This club will work towards school and public performance.	
Afternoon (3pm-3.50pm)						
Magical Mindfulness	Creativity, Enjoyment	FS2	Miss. Castle & Miss. Hayes	Crocodile Classroom	Come and join us in our Magical Mindfulness club to participate in many relaxing activities.	Crocodile Classroom
Mindful Moments	Self regulation	1	Miss. Avitable & Miss. McGinty	Turtle Classroom	After such a busy day come and enjoy some relation and learn how to feel calm and happy in our busy world.	Tiger Turf
Fantastic Phonics	Practice	1,2	Miss. Myers	1B Firefly Classroom	A fantastic way to have some extra phonics practice. Teachers may recommend your child to join the class to support your child's progress in phonics. However, it is open for all levels!	Tiger Turf
Movie Club	Open Minded	1,2	Miss. Lewis	2C Fox Classroom	A fantastic way to develop your critical skills. We can watch movies and discuss what we enjoyed about the story and different characters.	Tiger Turf
Perfect Painting	Creating	1,2,3	Miss. Heba	Islamic Room 2	In painting students will use their Creativity, and imagination. draw and paint their favorite drawings	Tiger Turf





Lego	Creativity	1,2,3,4,5,6	Miss. Rana	Arabic Room 2	Students use Lego pieces to create models such as planes, cars, and some buildings Students will learn to create and share ideas with their friends	Tiger Turf
Qur'an Memorization	Practice	1,2,3,4,5,6	Mr. Hani	Islamic Room 1	Students improvement of Quran memorization	Tiger Turf
First Step Towards Arabic	Practice	2,3,4,5	Miss. Yasmin	Arabic Room 3	To enrich Arabic basics for beginners	Tiger Turf
Swim Squad	Realising – speed & accuracy; Automaticity	2,3,4	Mrs. Robinson & Miss. Ahn	Pool	Invited squad members train twice weekly to refine their strokes, starts and turns as well as improving their strength & cardiovascular fitness. Selected swimmers will have the opportunity to represent RDS in galas. Invite Only	Parent Cafe
Fibre Arts	Creating	3&4	Mrs Pemberton	Art Room	Explore a range of art techniques using fabrics and sewing	Tiger Turf
Quiz & Puzzle	Risk taking	3,4	Mrs. Cooper	3A Camel Classroom	Take part in a range of fun quizzes before creating your own for your friends to complete.	Tiger Turf
Magical Mindfulness	Perseverance	3,4	Miss. Timmins	3C Oryx Classroom	A great opportunity to practice mindfulness and wellbeing at the end of the day.	Tiger Turf
Relaxing Readers	Precision	3,4,5,6	Miss. Doran	Library	A chance to take a mindful moment at the end of the day to relax and curl up with a good book. Children will be able to return and borrow books during this time.	Tiger Turf
Minecraft Club	Creating	3,4,5,6	Mrs. Hamdi	French Room/ Innovation Lab	A fun club that prepares you to build future-ready skills like creativity, problem solving, and fluent thinking. Build empathy and learn digital citizenship.	Tiger Turf



Movie Club	Analysing	3,4,5,6	Mr. Ibison	5C Snow Leopard Classroom	Watch, discuss and review films to help improve your literacy skills, boost your public speaking confidence and social engagement whilst also improving your critical analysis skills.	Tiger Turf
Super Sewing	Creating	3,4,5,6	Miss. Iman	Arabic Room 1	In Super Sewing we don't just learn how to stitch sew, but also how to design and create creative patterns. Practice the various techniques demonstrated at the beginning of each class and simultaneously create.	Tiger Turf
Brilliant Beads	Precision	4,5,6	Mrs. Wareing	4A Cobra Classroom	A great way to unwind and get creative after a busy day in school.	Tiger Turf
Language Arts	Creating	4,5,6	Miss. Rida	Arabic Room 4	Students learn the arts of the Arabic language by reading poems, debating, speaking, writing some types of written arts, reading some entertaining stories, and discussing their significance.	Tiger Turf
Rounders Squad	Self-regulation	5,6	Mrs. Fox & Mr. Richardson	Astro	Invited players will learn the rules and roles of this traditional British striking and fielding game. Players will get to compete against other schools in and around Dubai. Invite Only	Astro
Basketball Squad	Determination	5,6	Mr. Galas & Mr. Mensah	Courts	To experience the variety of skills and rules in basketball and have a better understanding of the game. Invite Only	Courts





Thursday						
ECA	HPL Skill	Year Group	Teacher	Location	Additional Information	Collection Point
Morning (7am-7.30am)						
Running Club	Practice, speed and accuracy	3,4,5,6	PE Team	Astro	Each week we will develop a different aspect of Athletics events.	
Second Break (12.10pm-12.50pm)						
Dodgeball	Linking – connection finding	5,6	Mr. Richardson	MPH	A fun and engaging game that helps develop throwing, catching and aiming skills. Players will have to think and act fast to avoid getting caught out!	
Afternoon (3pm-3.50pm)						
Funky Fingers	Practice	FS2	Miss. Morrall & Miss. Mellor	Lion Classroom	Come and join us in Funky Finger club to develop your fine motor skills and get your fingers ready for writing!	Lion Classroom
Crazy Construction	Collaboration, Creativity	FS2	Miss. Keane & Miss. Gaff	Gorilla Classroom	Come and join us in Construction Club where you can use your imagination and bring your ideas to life!	Gorilla Classroom
Artists at Work	Imagination	1	Miss. Williamson Miss. Parker	Stingray Classroom	Become an artist and develop your creative skills. We will learn how to draw and watch your masterpieces come to life.	Tiger Turf
Choir	Collaboration, confidence	1,2	Miss. Thomas	2E Squirrel Classroom	A chance to sing along to your favourite songs with your friends.	Tiger Turf
Drawing Club	Creating	1,2	Miss. Walsh	1A Dragonfly Classroom	Develop skills in drawing and creativity. Children will try new techniques and have lots of fun!	Tiger Turf
Creative Colouring	Imagination	1,2,3	Mrs. Williams-Hall	2A Owl Classroom	A great way to unwind, show your imagination and creativity with colouring beautiful pictures.	Tiger Turf





Worship	Practice	1,2,3,4,5,6	Mr. Mohamed	Islamic Room 2	To learn about the fundamentals of worship in Islam	Tiger Turf
Swim Squad	Realising – speed & accuracy; Automaticity	2,3,4	Mrs. Robinson	Pool	Invited squad members train twice weekly to refine their strokes, starts and turns as well as improving their strength & cardiovascular fitness. Invite Only	Parent Cafe
Learning Arabic by Games	Creating	3,4,5,6	Mr. Ahmed	Arabic Room 2	Students use educational games to create stories and sentences, and practice grammar through games	Tiger Turf
First Steps to Islamic Practices	Practice	3,4,5,6	Mr. Ahmed	Islamic Room 3	To learn about the goals of Islamic rules and their implementation	Tiger Turf
Art and Craft	Hard working	3,4,5,6	Miss. Lamiaa	Arabic Room 3	Make designs for bracelets and necklaces with beads and rubber bands	Tiger Turf
Dance Club	Hard working	3,4,5	Mrs. Mensah & Mrs. Hatton	MPH	An opportunity to practice and develop your dance skills	MPH
Robotics	Critical or Logical thinking	3,4,5,6	Mrs. Cullip	Innovation Lab	A chance to explore algorithms, coding and robotics	Tiger Turf
Quiz Whiz!	Risk taking	3,4,5,6	Miss. Richardson	5A Artic Fox Classroom	Take part in a range of fun quizzes before creating your own for your friends to complete.	Tiger Turf
Scratch Club	Creating	3,4,5,6	Miss. Sheehan	Library	Develop your computer programming skills and design games (requires Scratch app downloaded onto your iPad).	Tiger Turf
Speedy Stacking	Precision, speed and accuracy	4,5,6	Mrs. Done	Year 3 Plaza	Speed stacking involves stacking 9 or 12 specially designed cups in pre-determined sequences as quickly as possible. Speed stacking not only promotes physical fitness, but also academic learning, with students	Tiger Turf





					using both their right and left sides of their brain.	
Peaceful Painting	Creating	5,6	Miss. Ellis	Year 6 Plaza	Have fun and create masterpieces whilst developing your painting skills listening to your favourite music!	Tiger Turf
Drama Monologue Club	Confidence	5,6	Mrs Shonibare	Drama Room	A fun drama club, when children learn monologues and will perform at the end of term. Learning tons of drama techniques to develop presentation and performing skill.	Tiger Turf
Cricket Squad	Risk Taking	5,6	Mr. Parker & Mr. Mensah	Astro	A great opportunity to develop your striking and fielding skills. Invite Only	Astro

Friday						
ECA	HPL Skill	Year Group	Teacher	Location	Additional Information	Collection Point
Morning (7am-7.30am)						
All Welcome Basketball	Perseverance	5,6	Mr. Galas	MPH	To experience the variety of skills and rules in basketball and have a better understanding of the game.	
All Welcome Netball	Linking – connection finding	3,4,5,6	Mrs. Fox	MPH	Come along to learn and develop your skills in netball.	

